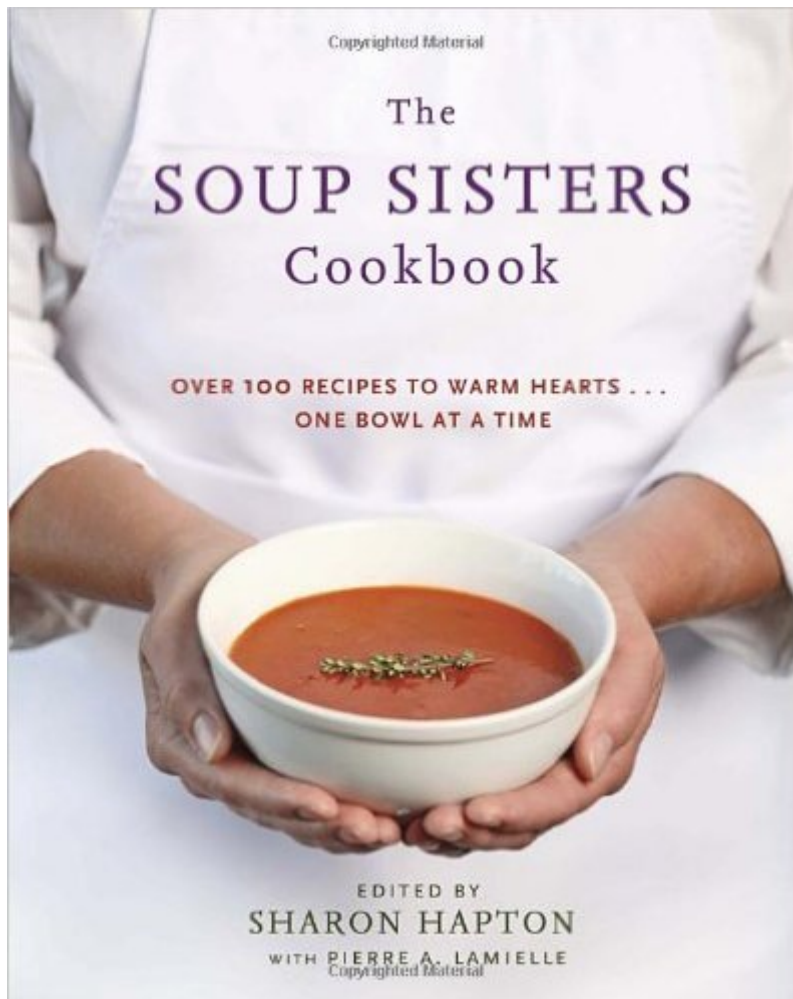


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# The Soup Sisters Cookbook: 100 Simple Recipes To Warm Hearts . . . One Bowl At A Time



## Synopsis

100 recipes arranged by season, *The Soup Sisters Cookbook* gives you heartwarming soups to prepare and share throughout the year. *The Soup Sisters Cookbook* showcases scrumptious recipes from the "souper volunteers" of the Soup Sisters and recipes from many of Canada's top celebrity chefs--including Michael Stadlander, Bonnie Stern, Lucy Waverman, Massimo Capra, Anna Olson, Michael Bonacini and Elizabeth Baird. With 100 recipes arranged by season, *The Soup Sisters Cookbook* is certain to appeal to soup-lovers everywhere! *Soup Sisters* are a Calgary-based non-profit enterprise founded in 2009. They are dedicated to making a tangible difference to the lives of women and children in need. Soup Sisters believe in the power of soup and the nutrition, comfort and warmth that the gift of soup can bring. This belief has resonated quickly and profoundly with communities across Canada, who come together through their local Soup Sisters events to cook, share and donate soup, to women's shelters in their community. The Soup Sisters' growing network has over 4,500 supporters, who collectively donate over 8,000 bowls of soup every month--over 75,000 bowls of soup have been donated to date.

## Book Information

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## Customer Reviews

This is the bible for soup - soulful and inspiring! The recipes are easy to follow, using nourishing and tasty ingredients, most of which are already in your pantry. It's a must for soup lovers, foodies and cookbook collectors and makes a perfect gift.

Of all the cookbooks I have...and I have MANY...this one just simply beckons you to get started making soup immediately. It is laid out in a simple, uncluttered manner, with beautiful photography and uplifting graphics. The soups are organized in seasons which makes it very easy to choose the ones that make use of vegetables that are at their finest. If you have never made soup before, the beginning of the book explains all the how-tos from pantry essentials to stock making...nourishment and comfort in a bowl! It does not hurt either to know that the profits from this book go directly back to the Soup Sisters organization so that they can continue making soup for women and children who have experienced family violence and youth in crisis!

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" I was given a copy of the The Soup Sisters Cookbook: 100 Simple Recipes to Warm Hearts . . . One Bowl at a Time" upon my recent visit to Calgary by my daughter, Wendy Brownie of Inspirati Fine Linen. I read the entire cookbook and enjoyed the section on techniques as well as each recipe from pages 29 to 170. Eva's Heritage Borscht recipe, page 39, and the French Onion recipe, page 97, were fabulous choices for chilly, fall days. The inspiration for compiling this nourishing cookbook is one of the most heart warming examples of caring and kindness. You have started a great movement in humanitarianism in combination with the sharing of the culinary skills of so many talented cookbook contributors, authors and chefs. AWESOME ! " Submitted by Eunice Onda (age 82) from Welland, Ontario

I must confess in the interest of writing a reliable review that I never cooked a single bowl of soup from this cookbook. The book was not ordered for me, but for my daughter-in-law for Christmas. I was afraid of spilling something on the page if I actually prepared a recipe from the book before wrapping and putting it under the tree. I ALWAYS spill one or more ingredient on the pages of my cookbooks. I could tell you of one effort to save a cookbook I dropped into the dishwasher (this was before I owned a dishwasher), but that distracts from what I need to say. I didn't prepare any of the recipes, but I read them all and drooled--carefully, so I wouldn't leave saliva spots on the page. There are some tasty-sounding soup recipes in this cookbook, and you don't need to shop in a specialty grocery store for the ingredients. If you enjoy cooking, or even if you don't, but are tired of eating take out, I would recommend trying some of these recipes. Even the non-cook can manage to prepare an edible bowl of soup.

The recipes I have tried have all been excellent. Normally one gets 2-3 very good recipes from a

cookbook. This is the best soup cookbook I have found so far!

Easy and wholesome soup recipes!

Great recipes! The stock instruction is also fantastic

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